

## A GUIDE TO MELONS

SUMMER 2008



### Athena

**APPEARANCE/FLAVOR:** A cantaloupe hybrid with a beige exterior and orange flesh. Slightly stronger flavor than a cantaloupe.  
**RIPENESS TEST:** Stem end should have a slight indentation. Blossom end should yield slightly to gentle pressure. Melon's sweet aroma should be detectable.



### Galía

**APPEARANCE/FLAVOR:** A cross between a cantaloupe and honeydew. Golden-yellow exterior with raised netting and a pale green flesh. Flavor more like a cantaloupe than a honeydew.  
**RIPENESS TEST:** Melon should have a strong sweet aroma.



### Crenshaw

**APPEARANCE/FLAVOR:** Oval-shaped with yellow skin and green ridges. Golden-pink flesh. One of the sweetest members of the melon family. Also slightly spicy.  
**RIPENESS TEST:** Melon should be fragrant with slightly waxy skin. Should yield slightly to gentle pressure at the blossom end.



### Yellow Flesh Watermelon

**APPEARANCE/FLAVOR:** Oval-shaped and green with light or dark colored streaks. Yellow flesh. Slightly sweeter than a red-fleshed watermelon.  
**RIPENESS TEST:** Melon should have a deep-pitched tone when slapped with an open palm.



### Seedless Watermelon

**APPEARANCE/FLAVOR:** Oval-shaped and green with dark green or white streaks. Reddish-pink flesh. Sweet and juicy.  
**RIPENESS TEST:** Pale side of melon should be cream-colored or yellowish, not white. A deep-pitched tone should be heard when melon is slapped with an open palm.



### Pureheart Personal Seedless Watermelon

**APPEARANCE/FLAVOR:** Similar in size and shape to a cantaloupe. Thin green rind with dark green streaks. Crimson red flesh. Sweet and juicy.  
**RIPENESS TEST:** Melon should have a deep-pitched tone when slapped with an open palm.



### Orange Flesh

**APPEARANCE/FLAVOR:** Creamy yellow exterior with an orange blush and a pale orange flesh. Slightly sweeter than a honeydew.  
**RIPENESS TEST:** Skin will have slightly waxy feel when ripe. Melon should be firm with slight softness at the stem end. Seeds may rattle if shaken.



### Honeydew

**APPEARANCE/FLAVOR:** Creamy yellow exterior with pale green flesh. Very juicy and sweet.  
**RIPENESS TEST:** Melon should be firm and have a sticky, velvety rind. It should also be fragrant and yield slightly to gentle pressure at stem end.



### Juan Canary

**APPEARANCE/FLAVOR:** Football-shaped with bright yellow rind and cream-colored flesh. Mild flavor.  
**RIPENESS TEST:** Melon should be fragrant and firm with slight softness at stem end. Slightly waxy skin.



### Casaba

**APPEARANCE/FLAVOR:** Thick ridged and rich yellow exterior with a firmer vanilla-orange flesh. Mild cucumber-like flavor.  
**RIPENESS TEST:** Skin will have slightly waxy skin. Melon should be firm and yield to gentle pressure at the blossom end.



### Extra Sweet Tuscan Style Cantaloupe

**APPEARANCE/FLAVOR:** Beige exterior with raised netting and dark green or golden-cream grooves. Orange flesh. Sweeter than a cantaloupe.  
**RIPENESS TEST:** The melon's deep exterior grooves should be a golden-cream for sweetest flavor.



### Cantaloupe

**APPEARANCE/FLAVOR:** Beige exterior with raised netting and an orange flesh. Very sweet and juicy.  
**RIPENESS TEST:** Stem end should have a smooth indentation. Blossom end should be fragrant and yield slightly to gentle pressure.