

LUNDS AND BYERLY'S Recommends

Look inside and discover...

Savings

on your favorite
holiday ingredients

THE PERFECT ROAST

5 delicious options

Recipes & Cocktails



Entertaining
made easy from
Chef Sue Erickson

\$9.99/lb.
**Dry-Aged Choice
Standing Rib
Roast**

Save \$7.00/lb.

Prices Valid December 11-24, 2008



BYERLY'S

LundsandByerlys.com

THE CLASSIC ROAST



Roast Q & A ASK THE EXPERT

Paul
Food Expert

Q: What is the difference between a standing rib roast and a prime rib?

A: The difference is in name only. A standing rib roast is also called prime rib.

Q: How large a roast should I buy?

A: Allow ¾ to 1 pound per person.

Q: How long do I cook my standing rib roast?

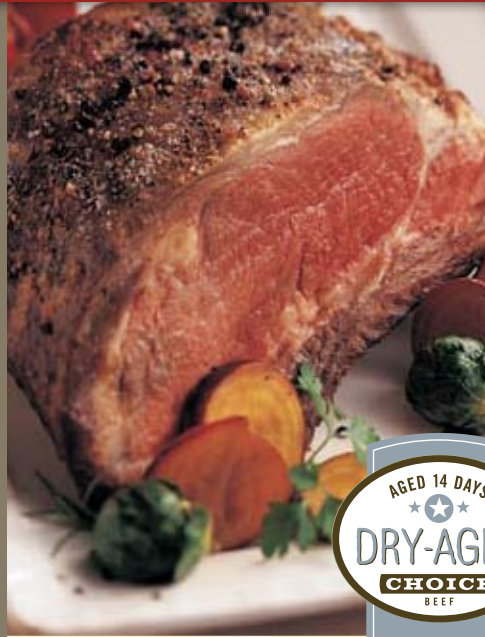
A: Place refrigerated roast, fat side up, on rack in shallow pan. Roast at 325 F. Do not add water. Do not baste. Do not cover.

	3-4 lb.	5-7 lb.	8-10 lb.	11-14 lb.	Internal Temp. *
Rare	30-33 min./lb.	26-29 min./lb.	18-23 min./lb.	14-17 min./lb.	135 F
Medium	36-38 min./lb.	33-35 min./lb.	24-30 min./lb.	18-22 min./lb.	150 F

* Temperature to remove from oven.

Q: Does a prime rib need time to stand before slicing?

A: Yes. A prime rib will be easier to carve and juicier if allowed to stand, covered with foil for 10-15 minutes. During standing time, the internal temperature will increase 5-10 degrees, depending on the size of the roast.



\$9.99/lb.

**Dry-Aged
Choice
Standing
Rib Roast**

Save \$7.00/lb.

Enjoy quality usually found in top restaurants. Our prized standing rib roasts have impeccable flavor and texture, perfect for any celebratory gathering.



\$6.99/lb.

**Pork
Crown Roast**

Save \$2.00/lb.



\$3.99/lb.

**Boneless
Center Cut
Pork Roast**

Save \$3.00/lb.



\$24.99/lb.

**Fully Trimmed
Beef Tenderloin**

Save \$2.00/lb.



\$18.99/lb.

**Dry-Aged Choice
Boneless
Rib Roast**

Save \$3.00/lb.

Easy Holiday Dinners

Let us do the cooking and order a chef-crafted holiday dinner from the deli while supplies last.

Dry-Aged Choice Prime Rib Dinner for 8-10	\$139.99
Turkey Dinner for 8-10	\$99.99
Turkey Dinner for 3-5	\$69.99

LundsandByerlys.com



Holiday Entertaining Essentials

GROCERY



10% Off
Lunds and Byerly's
Nuts and Snacks
9-24 oz.



\$5.99
Lunds and Byerly's
Wild Rice
Minnesota Cultivated
16 oz.
Save \$1.00



\$6.49
Lunds and Byerly's
Coffee and Cocos
6.75-12 oz.
Save up to \$1.50



2/\$4.00
Carr's
Crackers
4.25 oz.
Save \$3.38 on 2



2/\$4.00
Fisher
Peanuts
14 oz.
Save \$2.98 on 2



2/\$5.00
Chinet Regular
12-44 count
& Chinet Cut
Crystal Plates
8-12 count
Save \$1.58 on 2

GROCERY



5/\$3.00
Green Giant
Vegetables
Excludes LeSueur Peas
and Asparagus Spears
11-15 oz.
Save \$3.95 on 5



2/\$4.00
Ocean Spray
Cranberry
Cocktail Blends
64 oz.
Save \$3.70 on 2



2/\$6.00
Kristian Regale
Sparkling Juices
25.4 oz.
Save \$3.38 on 2



5/\$4.00
Campbell's
Cream Soups
chicken, celery
or mushroom
10.5-10.7 oz.
Save up to \$4.25 on 5



\$3.79
Geisha
White Lump
Crab Meat
6 oz.
Save 90¢



3/\$4.00
Crystal Sugar
Products
4 lb. granulated,
2 lb. brown and powdered
Save up to \$3.05 on 3

PRODUCE



\$4.99
Haricot Vert
French Green
Beans
1 lb. package
Save \$1.00



79¢/lb.
Tropicana Jumbo
Navel Oranges
Save 70¢/lb.



2/\$3.00
Sweet Petite
Baby Carrots
12 oz. package
Save 98¢ on 2

BAKERY



2/\$6.00
Lunds and Byerly's
Bake-at-Home
Petite Baguettes
14 oz.
Save 98¢ on 2



\$4.49
Lunds and Byerly's
Mini Spritz
Cookies
24 count
Save 50¢



\$12.99
Lunds and Byerly's
Grasshopper Pie
9 in.
Save \$1.00

Deck the Halls

7.5" Poinsettia **SAVE \$13**

Regular \$29.99. Sale \$16.99. Sale begins on December 11, 2008 at all Lunds and Byerly's locations while supplies last. Choose from endless combinations of Christmas reds, pinks and whites. Limit five per customer. Excludes online orders.

BACHMAN'S

DELI



\$10.99
Père Joseph Holiday Brie
 2-lb. wheel
 Save \$13.00

\$5.99/lb.
Gold Label Spiral Cut Ham
 Save \$1.00/lb.



\$17.99/lb.
Emmi Cave-Aged Gruyere
 Save \$4.00/lb.

DAIRY



\$4.99
Lunds and Byerly's Lefse
 7 oz.
 Save 30¢

FROZEN



\$7.99-\$10.99
Lunds and Byerly's Decadent Desserts
 2-9 count
 Save \$2.00



\$3.49
Verger Duhaime Fruit Spreads
 2.3 oz.
 Save 50¢



Buy one, get one FREE!

Land O Lakes Half & Half
 16 oz.
 Save \$1.79 on 2



\$8.99-\$10.99
Lunds and Byerly's Gourmet Appetizers
 1-12 count
 Save \$2.00



\$15.99/lb.
Santa's Choice Beehster Classic
 Save \$4.00/lb.



Buy one, get one FREE!

Land O Lakes Whipping Cream
 16 oz.
 Save \$3.59 on 2



\$8.99
Lunds and Byerly's Quiche
 28-29 oz.
 Save \$1.00



\$12.99/lb.
Fini Cave-Aged Cheddar
 Save \$5.00/lb.



Buy one, get one FREE!

Old Home Sour Cream
 16 oz.
 Save \$2.49 on 2



Buy one, get one FREE!

Green Giant Valley Fresh Steamed Vegetables
 12 oz.
 Save \$1.89 on 2



4/\$5.00
Kraft Philadelphia Cream Cheese
 regular and light
 8 oz. brick
 Save \$4.56 on 4



Buy one, get one FREE!

Kemps Ice Cream
 1.75 quart
 Save \$5.79 on 2

Prices Valid December 11-24, 2008.

Gifts of good taste

Experience the joy of giving by creating a custom gift box filled with unique Lunds and Byerly's signature products.

1. Locate the Gifts of Good Taste display at each store
2. Choose a theme or simply choose your favorite products
3. Choose a special gift box
4. Enjoy the gift of giving



Holiday Hors d'Oeuvres



Blue Cheese, Prosciutto and Fig Crostini

3 ounces St. Pete's Blue Cheese, crumbled
2 ounces cream cheese, softened
24 Lunds and Byerly's Artisan Crostini
1 (2.6 ounce) package Valley Produce Fig & Almond Fruit Paste
6 thinly sliced prosciutto slices
1/3 cup coarsely chopped Marcona almonds

In mini food processor combine blue cheese and cream cheese. Process until smooth. (Can be made one day ahead. Store covered in refrigerator. Bring to room temperature before assembling crostini.)

Spread fig fruit paste evenly over crostini.

Cut prosciutto slices into quarters, fold to fit crostini. Pipe or spoon cheese mixture over prosciutto. Garnish with chopped almonds.

Amount: 24 crostini

Visit LundsandByerlys.com for full holiday menus complete with recipes or click on "on sale today" for great weekly savings.

Holiday Spirit

Share the spirit of the season with these festive holiday cocktails.



Appletini

1½ ounces Prairie Organic Vodka
1½ ounces Sour Apple Pucker Liqueur
thin slice Granny Smith apple

Pour first two ingredients into a cocktail shaker filled with cracked ice; shake well. Strain into a chilled martini glass. Garnish with apple slice.

Cosmopolitan

1½ ounces Prairie Organic Vodka
1 ounce Cointreau
1 ounce cranberry juice
½ ounce freshly squeezed lime juice
orange twist
lime wedge

Pour first four ingredients into a cocktail shaker filled with cracked ice; shake well. Strain into a chilled martini glass. Garnish with orange twist and lime wedge.



For information on holiday wine pairings, pick up a complimentary copy of REAL FOOD at any Lunds or Byerly's store.



A Gift for the Host

Vanille Royale from Bacardi

Vanille Royale is a French Vanilla Cream and Cognac Liqueur made with vanilla beans from Madagascar.

Wines & Spirits at Byerly's Chanhassen • Eagan • Golden Valley
Maple Grove • Ridgedale • St. Louis Park • Lunds Plymouth

For a quick fix!

For quick, easy and creative cooking, keep Lunds and Byerly's signature products in your well-stocked pantry.



2/\$7.00
Lunds and Byerly's
Side Dish
Seasonings
.5 - 2.0 oz.
Save 98¢ on 2



2/\$4.50
Lunds and Byerly's
Dry Dip Mixes
3 oz.
Save 88¢ on 2

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Enjoy the convenience of online shopping
with same-day home delivery or,
until January 4th,
choose drive-thru pick up for **FREE.**

Holiday help is just a click away.

LundsandByerlys.com

click. shop. eat.

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Enjoy a free Lunds or Byerly's reusable shopping bag
with any purchase and make your holidays
a little greener.

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- Washable
- Folds flat for easy storage

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with any purchase.

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